

theDagligtale

Augustana's Student Newspaper

February 5, 2020

Vikings Men's Volleyball Team Suffers Tough Loss

Fall to Concordia Thunder in Hotly-Contested Match

Siri Prasad Babu

Dagligtale Freelance Writer



Mehul Chodhury/The Dagligtale

The first Augustana Vikings Men's home volleyball game of the Winter 11-week term kicked off at 8:00 PM on the 1st of February, 2020. The Vikings played against the Concordia Thunder, who won the game with a total score of 3-2. The first two sets of the game were won by the opponent, with the Vikings only falling short by a couple of points. The respective box scores for each of the two sets were 25-20. As the game progressed, the Vikings put in substantial effort to make a great comeback, winning the following set with a score of 20-25. This raised the intensity of the game as our team began to catch up to the Thunder. The Vikings also won the next set with a score of 22-25, tying the game won per team. This led the game into an intense fifth and final set, in which the Vikings just fell short, by a score of 16-14. Although our team lost the game, the players did not give up and strived throughout the game to try their best to win. The MVP of the Augustana Vikings was awarded to Greg Kafiel who scored a total of 16 points, the highest total of any player in the game.

After the game, I had the opportunity to interview the co-captains of the team, Owen Murray and Thomas Zimmerman. When asked how the games went, both players had much to say. Murray said that "it was an inconsistent game" and Zimmerman said that "it was a tough battle to five sets, falling just short in the fifth set."

Following up, when asked what they hoped to achieve in this game, Zimmerman further elaborated that they hoped to beat Con-

cordia as they were currently in a three-way tie with them but failed to do so, as they couldn't play to their full potential. Moreover, the co-captains were asked how they thought they performed, as well as how they thought the rest of their teammates performed. Murray stated that he "struggled the same as the team during the first and second sets as (they) started slow but managed to pick up the pace in the third and fourth sets, but could not hold it for the fifth." Additionally, Zimmerman stated that "as a libero, I only focus on the defensive side of the game. From a serve-receive standpoint, I thought that I played very well. Jonah and I did a lot of

cording as they were currently in a three-way tie with them but failed to do so, as they couldn't play to their full potential. Moreover, the co-captains were asked how they thought they performed, as well as how they thought the rest of their teammates performed. Murray stated that he "struggled the same as the team during the first and second sets as (they) started slow but managed to pick up the pace in the third and fourth sets, but could not hold it for the fifth." Additionally, Zimmerman stated that "as a libero, I only focus on the defensive side of the game. From a serve-receive standpoint, I thought that I played very well. Jonah and I did a lot of

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dominate, but struggle during the start and finish of the game, while tending to battle hard to catch up throughout the game. Once the score hits 20 we tend to tense up and make errors in our gameplay.

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Mehul Chodhury/The Dagligtale

The Daglittale

September 27, 2019
Meet the Team!

Eric Andersson
Co-Editor
Amitav Banerji
Co-Editor

Aliza Graham
Staff Writer
Kirandeep Singh
Staff Writer

Sarah Laflamme
Photographer
Mehul Choudhury
Photographer

Sadie Sherman
Cartoonist

Sierra Napier
Freelance writer
Mia Arciniegas
Freelance writer
Siri Prasad Babu
Freelance writer
Daniela Carbajal
Freelance writer
Emmarie Brown
Freelance writer
Maven Boddy
Freelance writer/
photographer

Facebook: The Daglittale
Instagram: @TheDaglittale
Website: daglittalenews.ca

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Any questions, concerns, compliments or comments should be addressed to the editors at:

Email: asadag@ualberta.ca
Phone: (780) 679-1542
Office: Forum L1 002
4901 48 Ave
Camrose, AB
T4V 2R3

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From the Editors

WHEN LIFE GETS IN THE WAY



Eric Andersson
Co-Editor

Six years ago today, during my very first year at Augustana, one of my high school friends committed suicide.

The news blindsided me; I still remember getting up the morning after it happened, eating breakfast, taking a shower, brushing my teeth, going through my morning routine as if everything was normal. I still remember sitting down on my bed, scrolling through my Facebook feed, killing time before I had to go to class...and then finding out from a simple post on Facebook, that my friend was gone.

It was overwhelming. I didn't know what to do. This was the first time I'd lost someone even remotely close; I didn't have the slightest clue how to move forward having heard news like this. I'd never felt so empty, so powerless, so alone.

And you want to know what else? I had a math midterm to write

that morning. Before I'd had any time to process the news, to even step out of my shell-shock and begin working through my grief, I had to go to the school and write a midterm.

I actually did well on that midterm, all things considered (I got a B+, if I remember right). But I should not have been there writing that midterm; there was no way I could have done as well as I could on that test considering the circumstances. Perhaps, because I got the news of my friend's death so soon before the test was scheduled, I thought it was too late to change anything, too late to talk with my prof and arrange to write the midterm at a different time. However, what I didn't fully realize then (and am definitely more aware of now) is that our profs are generally quite willing to make concessions for extreme circumstances. Getting the sniffles or sleeping in too late are legitimately bad reasons to ask to write a test a different day. Just finding out your friend died, though? I'm fairly confident now that, if I'd have asked my prof six years ago to reschedule the midterm, he would have accommodated me.

I'm telling this story for two reasons. The first, of course, is to

HOW TO MAKE PEACE WITH A NOISY MIND



Amitav Banerji
Co-Editor

There are few things more exasperating than a busy mind that never stops and won't let you have a moment of peace. Imagine you are on vacation. Every department in your life is aware that you are on vacation and no one is bothering you. However, the 'on vacation' message hasn't reached your mind department. 'Wow, that drink was expensive. I need to lose weight. I'm as white as a sheet. What will people think?' There is no point in a relaxing vacation if a person has to deal with a noisy mind. Over the past 4 years, I have discovered that quieting a noisy mind isn't nearly as difficult as I imagined. Here are a few tips that have helped me along the way.

1. Accept that your mind is busy

The average mind has more than 50,000 thoughts per day. Considering the number of thoughts we have on a daily basis, it is a good thing that we have noisy minds.

Even people who are laid back tend to have a lot of traffic upstairs. It's important to accept that our minds are busy. When we don't accept this fact we create an additional layer of suffering by thinking there's something wrong with us for having so many thoughts. There isn't. Expecting our minds to not be busy is like expecting today the sun to stay up forever. When you allow your mind to be busy but accept that fact, the busyness loses its power over you.

2. Engaging with the mind is optional

It is not the thoughts themselves that cause us to suffer but our fascination and preoccupation. We spend our time stowing and ruminating in these thoughts and usually giving them a lot of undeserved time and attention especially when we don't need to. The less you get involved in what the mind gets into, the more peace you will experience.

3. Watch your thoughts from a distance

In order to untangle ourselves from our thoughts and disengage, we need some space between ourselves and our minds. Most of our thinking patterns are habits we take for granted that center around entan-

gling the memory of my friend. He was a great guy who was gone far too soon. The second, though, is perhaps the more poignant, as well as probably the more relevant to you, the students of today; it's to remind everyone reading this that it's OK to ask for help. Sometimes, the burdens of life become too heavy to bear, and more often than not that's outside of your control.

Sometimes, life throws stuff at us that we can't handle on our own. Whether you're struggling with personal demons, someone close to you is going through a particularly rough time, or even if you've lost a friend, this kind of thing happens sometimes. The good news, though, is that you don't have to handle the burden alone, nor do you have to push what you're dealing with aside in the name of academic success. It's good to push yourself, but only to an extent. If you're dealing with something bigger than school, it's OK to step back and admit you need some time.

If you're going through something serious, most profs – heck, most people – will understand.

gling ourselves with our thoughts. Space allows us to notice these patterns and watch the mind objectively – with an attitude of curiosity and non-judgmental acceptance. The simple act of watching thoughts, rather than being entrenched in them, can create a space to view the mind.

4. Give your thoughts freedom to come and go If you want to tame an angry bull, the worst thing you can do is to tie him up or confine the bull in any way. This only makes the bull angrier. If you want the bull to calm down, let him out in an open field to run around in, and it's the same with the mind. Thought themselves don't cause problems, they appear in the fray for a moment or two and then they vanish. It is when we try to control them or manage them – through labeling them as good or bad – that we create suffering for ourselves. Let them wander through the field of your mind and they will tire out. Don't energize them with your resistance.

If thoughts are there anyway, it's much better to befriend them than resist them.

ASA Update

An update on the activities of the ASA

Kirandeep Singh

Daglightale Staff Writer

With the winter semester speeding by, we decided to ask our fellow ASA members about their plans going forward.

President – Philip Miheso

Philip has three projects he is focusing on. The first one consists of putting up a ad-hoc committee. This is a long-term goal and will take time, but the plan is to get it into progress. This committee is designed create a goal and follow through on it, and Miheso plans to get the groundwork in motion.

The second project is to collaborate with a radio station and get more involved in the Camrose community. This will create more outreach and create more unity within the local community. Students would listen to the radio more and become aware of what is going on around town.

Lastly, the final project is to develop a growth in student advocacy. The ASA is aiming to get a voice in the Camrose City Council, so that more opportunities come their way. Miheso's goal is to push these projects as far as he possibly can, and continue to further his education.

VP Communications – Rebecca Nicholson

The ASA election nominations open on February 4th, so for the next couple of weeks Nicholson will be focusing on promoting it, and sharing what you could do as a student representative.

Thursday, February 13th will be the winter semesters Off Campus Student Supper. The Off Campus Rep, Daniela, has been hard at work planning an amazing meal so Nicholson encourages students to look out for more info.

Lastly, Rebecca is beginning one of my favourite events; Wellness Week! It will be the week of March 30th. The Awareness Committee and Nicholson are only in the initial planning stages, but are really looking forward to it.

Nicholson is excited to share that the ASA now has an Anonymous Feedback Form. The link and QR code is available on the ASA Facebook page, Instagram and the ASA website.

VP Finance – Richard Li

Richard is looking forward to work on bringing visibility to the ASA's spending and bringing in more transparency with the students. Li hopes to also continue to better advertise the ASA's services, like when they received a free shipment of menstrual products. Li also plans to participate in the discussion in the idea of opening a campus bar in the future years ahead, perhaps in the location of the current bookstore. Li aims to let students know that he is just like any one of them; a student before a member of the ASA. He welcomes questions and is open to speaking further with students on his position in the ASA, and his developing goals.

VP Student Life – Jennae Matzner

Jennae was unavailable for comment.



Mehul Chodhury/The Daglightale

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Not being able to close out at the end of the sets makes it hard to win games."

When asked what they would've liked to improve upon, Murray said that they "needed to improve on resetting after making small mistakes on the court." Instead, he wished that the players could move on and get their heads back in the game. Zimmerman further supported this by stating that the players needed to "work on their mental game as it is some-

thing they have been struggling with lately." He believes they are a strong team and could definitely win more games but falter ever so often when they mentally fall apart.

Concluding this interview, and to gain some perspective on the players' roles, the co-captains were asked to highlight some of the responsibilities they might have and how they worked towards achieving them. To this, Murray replied, "The one thing I need to continue to work towards is the team's intensity. We may be out of the playoffs

this year, but that doesn't mean we can't compete in order to become a better team for next year," and Zimmerman replied, "A big part of being a captain is just looking out for the others on the team and helping them where it's needed. The biggest responsibility is to effectively communicate from coach to players."

Curriculum Change Coming

How the New Curriculum Will Change Your Degree

Aliza Graham

Dagligtale Staff Writer

In fall 2020, Augustana is introducing three new majors and a new project-based core. The core applies to everybody but the new majors are for a subset of students. There are no new majors for science yet, however, they will be coming.

It is somewhat correct to say the new curriculum is affecting the arts-based majors because it is art majors that have come first, but in the next few years there will be new majors with science. However, everyone is going to be participating in the new project-based core no matter what degree they are in. What is different about the new majors is that some of the traditional majors have been repackaged into multidisciplinary groups. I spoke with Karsten Mundel, Associate Dean, and he says: "These new majors help coherently mix some of these different disciplines together into what I think are unique offerings in Alberta." The programs are driven more by interest in a topic than by pure discipline. This way students are not taking classes that are completely irrelevant to what they are focusing on in their major. In the new curriculum these classes will actually work toward your major and be relevant.

The three new majors are Creativity and Culture, Ethics and Global Studies, and Law, Crime and Justice Studies. The disciplines within the new Creativity and Culture major include Art, Art History, Drama, English, Languages, and Music. The subjects that will be combined into the Ethics and Global Studies major are History, Philosophy, Political Science, and Religious

Studies. And the Law, Crime and Justice Studies major will explore History, Political Science, Psychology, and Sociology. In order to offer these three new multidisciplinary majors, Augustana has reduced the total number of low enrollment majors being offered and will no longer be accepting applications to the suspended majors. Students that are currently in those majors can continue on until graduation. If you are a third or fourth year student you will not be affected by the new curriculum. Current students (with 45 credits or less at the end of Winter 2020) will have the option of moving into one of the new multidisciplinary majors by speaking to a Student Advisor.

These new majors are aimed to give students the skills needed to excel in the workplace, or get into graduate school, or a professional program. Mundel states: "we know when students graduate from Augustana they are going out into the world of work. Out there you will work in multidisciplinary teams on problems that do not have easy solutions, so through these courses we are helping students to prepare for that world of work. It is a benefit of experiential learning and emphasizes our multidisciplinary advantage, expertise, and service learning". I also talked with Dr. Rebecca Purc-Stephenson, who is the Chair of the Committee working on the new curriculum. Overall the new curriculum is being implemented to distinguish Augustana students, as Dr. Purc-Stephenson articulates: "The best thing I think is that it will be a defi-

nite value add to students learning experience and give them a competitive advantage when they graduate because they will have real experiences. The other thing is these new majors give students a greater variety of education through the multidisciplinary approach, and allow you to target the things you are really interested in. Networking is something people have to be good at, I think that this collaborative learning is setting you up for that and ensuring that people understand the value of group work and how to approach it, so they are not only learning, but also applying what they learned".

Currently the core is set up where students take a few courses in different categories. The Augustana core has been reformed and is no longer a bunch of courses to check off, but rather, a series of courses that build on each other, and that will allow you to work on a project with an actual stakeholder (whether that be on campus, in the community, or across the world) so that you get practical experience while completing your degree. It starts with a first year seminar, and then in second year students will take a collaborative learning course. In third year students will partner with a real stakeholder in a six-credit community partnership project where they work with a small group on a specific problem. Finally, in fourth year, students 'perform' in an advanced integration project worth six credits.

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Kobe's Impact: Beyond Sports

Kobe Bryant's Death and His Impact on Students, Sports and Motivation

Kirandeep Singh

Dagligtale Staff Writer

On January 26, 2020, basketball legend Kobe Bryant lost his life in a helicopter crash, along with eight other victims including his daughter. Although he had fans and rivals, people have come to respect his dedication and drive for the sport.

Bryant joined the NBA straight out of high school and has become a prominent figure in the world of basketball. Although the women's sports teams do not usually get the same attention as the men's leagues, Bryant was a strong advocate on court and off court. With his retirement, he became a top ambassador for the women's league. He encouraged his daughters to pursue their passion for sports and continued to dedicate his life in sticking for women's basketball.

Students at Augustana expressed their grief and disbelief at the news of Bryant's passing. Many were in awe of his passion and work ethic. "He was inspiring," a student commented. "It makes me want to put in everything and keep on fighting, even though it can get hard at times." Even some students who were unfamiliar with Bryant were shocked by his death. "You just wouldn't expect this to happen to someone like him. It just reminds us to hold onto our loved ones and be thankful for the moment we have."

Even though Bryant's passing was tragic along with the other victims who lost their lives, his legacy will forever remain on, inspiring us to put in hard work and chase our goals.

The India Experience

A Student Reflects on the 2020 India Tour

Maven Boddy

Dagligtale Freelance Writer

One of the many perks of studying at Augustana is the diverse range of opportunities beyond the classroom. Community Service Learning and Experiential Education are two of my favourite ways to unite knowledge gleaned

We spent twenty-three days travelling to many cities and villages mainly in the Southern part of India. Three flights, one train ride, a public transit excursion, and many hours on busses later, we had seen a glimpse of India. We got

nar's vast tea gardens, go houseboating on the Alleppey Backwaters, and visit the Taj Mahal just to name a few highlights. We had the opportunity to meet with tribal people living in rural areas which offered yet another perspective. As a developing country, India faces many challenges including the disparity between rich and poor, pollution, and their growing population.

Travelling to India as a university course has brought an academic focus to an already incredibly outstanding trip. I feel honoured to have spent three and a half weeks becoming friends with the other students on this trip; we share a bond that goes across disciplines, years of study, and international borders. I have been inspired to pursue more sustainability initiatives because if McDonalds in India can refuse to supply plastic straws, lids, or utensils, I can do my privileged part to preserve our natural environment. Every time I travel near or far, I notice and appreciate more about the places I call home.



Maven Boddy/The Dagligtale

from textbooks and lectures with the real world. Most recently, I went on an incredible travel course to India! Thirteen students and one brave professor (Dr. Manaloor) cut our Christmas Holidays short as we began this unforgettable journey around India examining the unique features of India's economy and religions.

We landed in the city of Mumbai, a hub for tech companies which serves as the financial capital of India. For readers who have not been to India before, it might be hard to fully appreciate the chaotic beauty that I first encountered which is known commonly as culture shock. Jet-legged, I emerged from the bus entering an endless sea of Indians. A cacophony of honking vehicles filled the thick, humid air. People stared obviously at the group of Augustana students almost as much as we stared back at them. Moments later, a young lady approached me and asked, "selfie, ma'am? Pic please?" We posed. A line of people formed as others wished to take selfies with our group until we were surrounded tightly on all sides. I felt like a celebrity. The people in India are welcoming to say the least.

to meet faculty and fellow students at various universities, women's colleges, and prestigious institutes. We got to experience being on a Bollywood set, tour a Bajaj Auto factory, appreciate the Mamallapuram stone carvings, see Mun-



Maven Boddy/The Dagligtale

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A Different Approach to Valentine's Day

Where is the Love?

Mia Arcinegas

Dagligtale Freelance Writer

The reason I am writing this is to shed light on something I have noticed happening more and more often. I would like to take the opportunity of Valentine's Day being just around the corner to bring this forth. To be clear, I believe interactions people share nowadays are forced and vapid. How can we celebrate, or even give energy to a day that is used to make money off of people for the sake of love? I believe its meaning has been somewhat forgotten. From what I've witnessed, connections between many people are not only temporary, but entirely circumstantial. You don't actually like someone, or them you, you just happen to sit together for the sake of not appearing alone. I bring this up as I feel we are not having this conversation.

How many of us have lost the ability to care about something or be present anywhere where you are not specifically obligated to be? I do not wish to appear nihilistic, simply taking in what I have come to notice, maybe start

a conversation about this. While it is normal to prioritize oneself first and one's family, how can we go on attending university, our jobs, any kind of gathering with this level of superficiality and these surface-level interactions? How can we live our lives to the fullest when a good majority of the people we meet are just passing figures? Do we even do, or say what we *really* want? Or are we just performing for the sake of keeping up a façade? In this dark, and cold world why have we stopped feeling? Or show passion towards something? When will we start thinking *I want to be here, vs. I have to be here?* Are we really satisfied with ourselves and how we interact with one another? Are people really okay with the never-ending banality of how we spend our days? Or am I the only one who sees this? I'll admit, I have fallen into this rhythm of life as well, and spend my days seeking escape from reality in the world of old, romantic novels, being constantly disappointed with reality. What is your escape?

While I am still trying to figure out the answers to the aforementioned questions, I hope to have at the very least planted a seed in even one person's mind. Let's start thinking about this, and let's start to feel again. Let's start encouraging authenticity, not only with what we do and say, but how we feel. Going forward, I would like to start listening, *really listening* to people's stories, and hope that we can all do the same. On a different note, can we start talking about love? Is romance dead? I would like to learn about real-life stories; if anyone wishes to reach out to me please do, I want to feel inspired again. I will leave you now, with this generic reply when I ask anyone what they are doing for Valentine's Day: "I'm just going to wait for the day after, when all the chocolate goes on sale".

Right Around the Corner: The Nordlys Festival!

A Weekend of Fun with the Nordlys Film & Arts Festival

Aliza Graham

Dagligtale Staff Writer

The Bailey Theatre hosts its eleventh annual Nordlys Film and Arts Festival on Family Day weekend, February 14th-16th. Nordlys has an eclectic blend of films from Canada and around the world as well as the opportunity to engage with special guest filmmakers. Over the last decade, Nordlys has screened award-winning films from over twenty-five countries. Throughout the weekend, talented local performers provide musical interludes between showings of diverse films. Nordlys is entirely run by a team of volunteers and is supported by a growing list of community sponsors. They invite you to come travel to far-flung destinations from the comfort of your theatre seat and experience this unique celebration of cinema and culture.

The festival begins with a music performance by The Steven Hartman Quartet, local musicians who will provide lively jazz music during the Cocktail Hour. Afterward, there will be a showing of *The Fireflies Are Gone*, which is a Canadian subtitled drama directed by Sébastien Pilote, starring Karelle Tremblay. It won the award for Best Canadian Feature Film at the Toronto International Film Festival and is described as 'beautifully crafted and emotionally effective'. Tremblay is recognized as one of Quebec's most promising actors. Following this there will be a musical performance by Stephen Olson and the evening will end with the subtitled romantic drama *Sir*, which was filmed in India and directed by Rohena Gera. It is depicted as a heartfelt and visually sumptuous

outrageous portrait of contemporary India.

Saturday will begin with the *The Guilty*, filmed in Denmark. It is a subtitled dramatic thriller directed and co-written by Gustav Möller. *The Guilty* premiered at Sundance and was Denmark's submission for Best Foreign Language Film at the 2019 Academy Awards. Then, there will be music by Neil and Lana, followed by a showing of *The Dancing Dogs of Dombrova*, which is a Canadian film. *The Dancing Dogs of Dombrova* is an absurdist drama directed/produced by Zack Bernbaum. Starring Douglas Nyback. It won Best Feature and Best Director awards at the Canadian Film Fest. Bernbaum, is a Toronto based director and producer and founded Ezeqiel Productions to tell engaging, thoughtful, intelligent, offbeat and imaginative stories. His films explore how our identities are shaped in relation to one another and the world around us. His work captures rich aesthetics, authentic performances, and unique tones. Nyback is an actor who is originally from Camrose and got his start doing Musical Theatre. In 2003 he moved to New York and has since become an actor, screenwriter, and producer with over a decade of experience in projects ranging from independent films, to major network television series and studio features. Next will be *Echo in the Canyon*, an American film. It is a music documentary directed by Andrew Slater, and it celebrates the explosion of popular music that came out of LA's Laurel Canyon in the mid 1960's as folk went electric and The Byrds, The Beach Boys, Buffalo Spring-

field and The Mamas and the Papas created the California Sound. Featuring Jakob Dylan and an all-star group of musicians, *Echo in the Canyon* uncovers personal details behind the bands and their songs and how that music continues to inspire today. The Saturday Night Concert features Mallory Chipman and The Mystics, a band founded by Chipman, a Canadian award-winning vocalist/composer who is one of the rising stars in Canadian jazz. However, her most recent project with the Mystics has pushed her in the direction of rock music. Another film will be shown, *The Peanut Butter Falcon*, from the USA, this is an Adventure/Comedy film directed by Tyler Nilson and Michael Schwartz, starring Shia LaBeouf, Dakota Johnson, and Zack Gottsagen. It has heart, laughs and one of the purest on-screen friendships.

Sunday will start with *City Lights*, an American Depression-era film from 1931. It is a Romantic Comedy directed by Charlie Chaplin that showcases his art and achievement of silent comedy. After this film, music by Leslie Ayueneye and Jaron Rovensky. And they will show *The Body Remembers When The World Broke* Open a Canadian drama directed by

Elle-Máijá Tailfeathers and Kathleen Hepburn. A chance encounter between two Indigenous women that have drastically different lived experiences find themselves navigating the aftermath of domestic abuse. The weekend will end with the dramatic comedy, *The Farewell*, USA/China. This film has partial subtitles and is directed by Lulu Wang, described as 'a heartfelt celebration of both the way we perform family and the way we live it'.



Maybe Jane and the Maybe Stars

A Creative Piece from a Dagligtale Freelance Writer

Emmariie Brown

Dagligtale Freelance Writer

There is a different kind of history which lies in all that we don't know and never will. It's a history of imagination in which all of the answers are wrong except for the right ones, but "right" and "wrong" are based only on common beliefs and science that is not yet past its limits. Dinosaurs roared, maybe, but maybe they didn't, and maybe they also wore socks to keep their feet warm. Neither is proven.

There is the history of space exploration, indeed, and it is written down and recorded in various ways so that it will never be forgotten. It is significant. It is usual history. Perhaps there is also the history of a small girl by the name of Jane who looked up at the stars and said, "I want to go there," and she spent all seventy three years of her life dreaming about twinkling lights in the night sky; but she never got there.

No, that's silly. Her name was Faith. Or maybe it was Tessie, or Eloise, or a name I could never think of because I've never been to China

or Greece. Maybe it was all of them or none of them, or maybe it never happened at all. This is a different kind of history, where the significance of an unrecorded life isn't considered significant at all. Lots of people dream about the stars, they say. But I want to know who Jane was.

If I put a few words down on this paper, who's to say it will or it won't be read in a thousand years? Maybe that's unrealistic. A few hundred? Could be. Six years? Might someone read it in six years? Sure, and maybe it will only be me. But if Jane had a dream about the stars, we'd never know. If Jane had a dream about the stars and she wrote it down for all the world to read, the world—whichever that is—would have read it. Maybe six years later, maybe seventy four. Jane, and the precise way she saw the stars, would be remembered.

Did dinosaurs wear socks?

Maybe only the stars know.

my being wanes as the seasons change

An original poem by Sierra Napier

Sierra Napier

Dagligtale Freelance Writer

am I lonely,

or am I isolating myself?

my limbs can't handle this chill that
freezes everything except my tears and
why am I crying again?

how many hours have passed without
a laugh? a hug?

these trembling fingers couldn't possibly
put me back together.

how can you find the sun if
you're too weak to crawl out from
the darkness that swallows all
your hope and
why am I crying again?

no one is going to help because
you plaster that smile on your face and
force light into your eyes so

no one will think something's wrong but
something is.

remember, what freezes will thaw,
don't be afraid just
be your own sun.

The Fight to be Human

A Reflection on Being Part of a Minority

Daniela Carbajal

Dagligtale Freelance Writer

As the diversity of our global society grows to extents of onlooking promises of a more just future, so do the conversations of what this diversity means in a world that had for so long refused it. The laws of life and nature dictate that where there is light, there

groups continues, and in this perceived just world, many individuals who bring this silencing into light are accused of speaking of such unfairness that does not exist anymore, further silencing them.

As minority groups, in some respects, have become more

Many minority groups continue to face injustices even though our society continues to promote having reached some sort of ultimate just world.

must be dark. Many great individuals, who in their time faced the world, advocated for those that had been silenced by their very government and society; these leaders have created a more just society, but this is not to say that there is an absence of damaging attitudes.

Many minorities have been taught to accommodate the majority, avoiding discussions that make them uncomfortable, because many privileged individuals do not like hearing they are privileged.

Many minority groups continue to face injustices even though our society continues to promote having reached some sort of ultimate just world. However, the silencing of minority

groups continues, and in this perceived just world, many individuals who bring this silencing into light are accused of speaking of such unfairness that does not exist anymore, further silencing them.

As minority groups, in some respects, have become more

popular, particularly within the social media world, individuals claim the attractive aspects of these minority groups yet continue to enable their oppressions. By doing this, the little voice that the minority had, has been taken over by the majority. What

main quiet and suffer at the cost of someone else's comfort. There must also be a consideration for minorities that are at a more significant disadvantage than others. As minorities, understanding the setbacks shared as well as those unique to different minority groups becomes important to upholding each other and recognizing that some face more discrimination than others. One must stand for their humanity and that of others.

"...only those of us who carry our cause in our hearts are willing to run the risks." — Rigoberta Menchu

were once safe spaces for many individuals have been overtaken,

The majority must understand the power they have been systematically given. Still, the perception of a just world can create

Photos from Winter Formal



On the evening of February 1, 2020, the ASA held its annual Winter Formal. The evening began with a performance by an illusionist, followed by a party. Similar to the First and Last Class Bashes, Winter Formal is an opportunity for students to get together, unwind, and have a little break from the rigors of student life. Around midnight, pizza was delivered, which, believe me, is absolute heaven when you're just a *tad* tipsy and have been dancing for two hours.

Overall, the night was a blast; as someone who didn't go to a single Winter Formal during my first degree here, I'd definitely recommend checking it out next year, if you haven't before. And if you were there...well, I hope to see you again next year! - EA



If Humans Were Computers

An original comic by Sadie Sherman

